

## SEDATION

Dear Parent:

Your doctor has determined that your child would benefit from the use of sedation to provide the needed dental treatment. Sedation is used to help your child cope with the stress that sometimes accompanies a visit to the dentist and/or to help your child tolerate long dental procedures. We have prepared the following information to answer some of the commonly asked questions that parents have about sedation:

1. Please be on time for your appointment. Our office requires that you arrive 30 minutes before the scheduled treatment time since it takes approximately that time for the medication to take effect. Late arrival (over 15 minutes) may cause your appointment to be rescheduled or limit the treatment that can be performed.
2. **YOUR CHILD MUST HAVE NOTHING TO EAT OR DRINK 4 HOURS PRIOR TO THE APPOINTMENT.**
3. Dress your child in light clothing. Do not use heavy sweaters or sweatshirts.
4. During the time that the medication is being absorbed and taking effect, your child may become sleepy and uncoordinated. Have your child sit quietly or keep him/her in your lap so that he/she does not fall and get injured.
5. Physical restraints are often used with sedation to help control unexpected movement during treatment.
6. Local anesthetic will be used. Lips and cheeks will remain numb for 1 to 3 hours after the appointment. Please watch your child so that no lip or cheek biting occurs.
7. The effect of the medication may last 2 to 4 hours after the appointment. Your child should not go to school, walk unattended, or engage in any activity such as bicycling, skating, or swimming after sedation. Your child should be under adult supervision during this time.

If you have any questions regarding sedation for your child, please do not hesitate to contact your doctor at (607) 754-3903.

I have read this information and understand what it says.

\_\_\_\_\_/Witness: \_\_\_\_\_ Date: \_\_\_\_\_